



## RICHMOND SENIORS ADVISORY COMMITTEE

Held March 8, 2017  
City Hall M.1.002  
9:30 a.m.

### **In Attendance:**

Hans Havas (Chair), Seemah Aaron, Doug Symons, Mohinder Grewal, Becky Wong, Neil Bernbaum, Jackie Schell, Sheila Rooney, Peter Chan, Paul Cassidy, Yasmin Ali, Heather Muter (Staff Liaison), Nora Wright (Recording Secretary)

### **Regrets:**

Shams Jilani, Sandra Gebhardt, Daryl Whiting, Councillor Ken Johnston

1. Meeting called to order at 9:31 am with welcome and Introductions
2. **Guest Speakers** – Elizabeth Ayers, Manager, Community Services Planning and Projects  
Mile Racic – Project Manager to provide a Minoru Complex Update

### Elizabeth Ayers

Elizabeth explained that the new complex would replace three facilities - Aquatics, Seniors and Minoru Pavilion i.e. Fitness with the following guiding principles:

- Be exceptional
- Be sustainable
- Be accessible
- Be the centre of excellence for active living and wellness
- Be synergistic
- Be connected

Renderings of the site plan and ground floor were then displayed followed by a question and answer period as follows:

- Request for stronger jets in the Aquatics area - Response that as many jets as possible would be installed and was unaware of any regulations with regard to pressure of jets
- As pumps keep breaking down in Aquatics, request for assurance that good pumps would be installed – Response the pump issue would be addressed
- Improvement on level of security due to thefts in Aquatics area – Response there will be an access point and currently in the process of investigating much stronger lockers

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together with wallet lockers which would be installed in an open area for security visibility

- What would be happening with old Minoru Pool – Response staff are in the process of studying this space together with the Minoru Place Activity Centre
- Would there be a wave pool? Response No.

### Heather Muter

Heather reviewed the ground floor plan as related to seniors area and also 2<sup>nd</sup> floor area with the following details being provided:

- Administration staff will be located in one area for the whole complex
- A Wellness Centre
- Program space for evenings and weekends
- Shared kitchen
- Two elevators
- Event space for 280
- Music Room
- Card playing space
- Art Studio

Heather responded to questions as follows:

- Enquiry re a picnic area – Response there will be a plaza area for picnics with easy access to the kitchen
- When will be the move to the new facility – Response this is still being worked on and will be a progressive start while still providing services, no date confirmed as yet
- Charging station for scooters and vehicles? Response this will be looked into
- Will Senior Centre be a public facility? Response – there will be a dedicated space just for seniors, public will be welcome in the cafe
- Enquiry as to registration/facility pass. Response each community centre including Seniors would need to purchase a pass and currently the issue of one pass for all centres is being addressed by Richmond Communities

Governance Structure was explained i.e. there would be a Facility Manager responsible for the whole complex plus a Program Advisory Committee of all whom would report to John Woolgar, Manager of Aquatics and Arena Services.

3. **Approval of Agenda** – with amendment that under Promotions this should read Jackie and not Peter and under New Business – Budget and Gerontology Conference be added.

Moved: Sheila Rooney, Seconded: Peter Chan, Carried.

4. **Approval of February 2017 minutes** – Moved Jackie Schell, Seconded: Joan Haws, Carried.

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5. **Correspondence** – none.

6. **Business Arising**

Snow removal

Letter to Mayor and Council re prompt snow removal, this has been addressed by the City in the form of a bylaw which will be implemented 2017/2018.

Letter to Mayor and Council from Access Transit which is a Users Advisory Committee on the subject of prompt and thorough snow and ice removal from municipal bus stops and areas directly adjacent be given priority. (copy of letter attached to minutes).

Speaker Planning

April – Emergency Social Services

May – Richmond Fire Rescue

June – Family Care Givers of BC

Pending – Dr.Meena Dawar, Richmond Medical Health Officer to Strategic Advisory Committee of the Community Wellness Strategy

7. **New Business**

Budget

In response to a question from Jackie, Heather confirmed that she monitored the budget and provided the following details:

|                       |        |
|-----------------------|--------|
| Total Budget          | \$2500 |
| Meeting Expenses      | \$1000 |
| Web Site              | \$ 450 |
| Conferences/Workshops | \$ 900 |
| Miscellaneous         | \$ 150 |

Discussion followed on the sending of get well cards to committee members and it was suggested that a Wellness Person be appointed. Joan offered to take on this role.

Gerontology Conference

The conference will be held at SFU on March 18<sup>th</sup> and 19<sup>th</sup> with a theme of *Promoting Mental Health in Later Life*. Doug and Peter will be attending together with Heather and a number of Senior Co-ordinators. Should anyone else like to attend, please contact Heather. In response to a request, it was emphasized that written reports are required from anyone attending conferences or workshops.

## 8. Reports

### Falls Prevention Network Meeting – Sheila

Sheila referred to the report attached to the agenda on the subject of Emergency Medical Services and should more information be required by committee members, to please contact her directly.

### Health – Paul

Paul reported on the Richmond Health Advisory Committee meeting of February 16, 2017 as follows:

\$25 million donation for new tower at Richmond Hospital from Dr. Tom and Nancy Yorkovitch.

A concept plan has gone to the Ministry of Health. There has been no announcement from the Ministry as to when the new tower will be built.

Hospice facilities are to be expanded by 8 beds and the Salvation Army anticipate having 16 beds by 2019-2020.

Adult Day Care is to be doubled in May 2017 providing an additional 25-50 spaces.

The Buddhist church has 104 hospice beds.

Discussion on benefits of music and Alzheimer's see website <https://www.youtube.com/watch?v=EgNLLelQYw1>.

Housing – no report.

### Multicultural

Mohinder referred to his attendance at the Advisory Committee meeting and the new Work Plan for 2017-2022 endorsed by Council. The next step will be to address the priorities.

### Promotions

Jackie reported on the February 26, 2017 committee meeting as follows:

Jackie to speak with Heather in regard to use of Local media.

Joan to communicate with Senior Co-ordinators to ask to be included – first one to be considered is the March 29<sup>th</sup> Activate Wellness Fair. If invited the whole committee will man the table

throughout the day. Display boards, brochures to be looked after by Peter and Jackie to get game, flowers, tablecloth. Workshop to be worked on.

#### Richmond Community Services Advisory Committee – Sandra

Report attached to minutes.

#### COSCO/Seniors Advocate

Mohinder confirmed that the report on the October Conference would be coming soon via a newsletter which would be circulated to the committee together with an electronic copy.

Election Forum held last week of February in Vancouver with a focus on seniors health issues. Another forum is being planned for April by the South Granville and West End Seniors Centres and more information will be provided closer to this event.

Attended meeting in Vancouver for Family Care Givers of BC and the issue of raising the profile of programs for seniors within community centres and recommendations will be forthcoming shortly. Heather responded that Richmond community centres have seniors programs to improve the quality of life.

Mohinder stated that this would be his last year as a member of SAC and would recommend that the committee send a representative to COSCO. There is a 2 year tenure of COSCO with lots drawn and this will take place in September. As a result 5 new members will be coming with 2 from Richmond. Mohinder suggested that SAC apply for a position and more information is available on their web site and he would forward any communication that he receives in this regard to SAC.

Sheila reminded everyone that reports should be submitted for all subcommittee meetings, conferences and workshops attended. Heather confirmed that this is a requirement and should be in the minutes.

#### Transportation

Hans referred to the report attached to the agenda and confirmed that doctors fees were at the discretion of the doctor in regard to renewal of drivers licenses and explained the two types of medical assessments.

Hans concluded by providing up to date information on the bus service improvements for Richmond i.e. No. 3 Road changes.

Council Liaison – no report.

MPAC/Seniors Services/Staff Liaison

Heather provided information on the following:

- Pioneer Lunch on May 27<sup>th</sup> at the City Hall Plaza – information circulated. The lunch is for those residents who have lived in Richmond for 50 years or more. There is an application process either on line or at Minoru Senior Centre or City Hall.
- Activate Wellness Fair to be held on March 29<sup>th</sup> There will 40 vendors and two Artist in Residence in attendance together with 17 workshops
- Saturday March 25<sup>th</sup> Free Dental Clinic (flyer circulated) from 9 am thru to 4 pm for children over 12 years, adults and seniors providing basic fillings and tooth cleaning. The clinic will be held at Steveston Japanese Cultural Centre, 4255 Moncton Street behind the Martial Arts Centre in partnership with UBC Dentistry.
- Heather will be meeting with Sahra-Lea Tosdevine-Tataryn, Age Friendly Strategy for Seniors - Project Manager for the City of Surrey.
- Cafeteria prices at the Senior Centre will be increasing effective May 1, 2017
- Attended Pathways Breakfast on March 7th as Minoru Seniors Society have a transitional employment program operating at the Centre.

9. **Suggestions for Speakers** – addressed under **Business Arising**

10. **Other Business**

Yasmin referred to The Journey to Wellness – Data to Guide Local Priorities presentation by Dr.Meena Dawar, Richmond Medical Health Officer to Strategic Advisory Committee of the Community Wellness Strategy in January 2017 and recommended that Dr. Dawar be included on the list of guest speakers to the SAC.

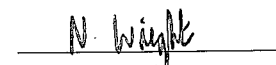
11. **Next meeting** – April 12, 2017 at 9.30 am Richmond City Hall Meeting Room M.1.002

No further business and meeting adjourned at 11.18 am

Certified a true and correct copy of the minutes of the meeting of the Seniors Advisory Committee of the Council of the City of Richmond held on March 8, 2017.



Hans Havas  
Chair



Nora Wright  
Recording Secretary